# Community



#### Resources

Pen
Paper
Christmas card
Donation

## Residential Home Pen Pal

#### Introduction

Sadly, due to the current pandemic we are unable to visit a residential home and spread some Christmas joy with our traditional carol singing. However, just because we are unable to visit in person it does not mean we can't bring a little happiness to the residents at one of our local care homes. There is nothing like receiving a letter in the mail and knowing someone put extra love, attention and detail into writing it. Plus, we all get a little excited when we receive a letter in the post that isn't a bill.

### Activity

We would like you to write a letter to a resident at a local residential home. When writing your letter it is important to think about what you want to include, especially for your first letter. An example letter can be found here: <a href="https://www.jacuk.org.uk/community">https://www.jacuk.org.uk/community</a>

- 1. Introduce yourself first name only
- 2. Tell them about yourself, pets, brothers and sisters etc
- 3. What are your hobbies?
- 4. Tell them what you love to do in your spare time; reading gardening, baking, riding your bike etc.
- 5. Do you enjoy sports? What sports? Why do you find it so enjoyable?
- 6. What have you learnt about yourself during lockdown?
- 7. Have you learnt any new skills during lockdown?
- 8. What have you missed the most during lockdown?
- 9. What's your favourite subject at school?
- 10. Do you have any hopes or dreams for the future that you would like to share?